4,604 campers served in 2022!

Camp Courageous is a year-round recreational, respite care, and travel program for individuals of all ages with disabilities.
Plans for Accessible 18-Hole Miniature Golf Course at Camp

Construction to begin in Spring 2023

Plans are currently being drafted for a new fully accessible 18-hole miniature golf course at Camp Courageous. This course was specifically designed to support the needs of individuals with disabilities. Camp’s mini-golf course will be all-accessible and 100% barrier-free for all individuals with ease of transition from one hole to the next.

Design work is starting now on features and themes for each golf hole of this future camper activity. Support is needed to help make sure that the entire course can be utilized by all campers. Any amount toward this 18 hole miniature golf course would be appreciated. Use the form on Page 30 to make a specific contribution (or scan the QR code below).

Special thank you to Bud & Georgia Johnson for providing the lead gift for this project.

You can help make the Miniature Golf Course a great new activity area for campers. To see how you can support this project see the form on page 30 or go to campcourageous.org/miniature-golf

Scan this code to view the Mini Golf web page.

(To scan code open camera app, point at code, tap screen.)

2022 will be record year for Manchester Garage Sale!

Thank you to all of the volunteers at the Manchester Garage Sale for their hard work in making the sale the biggest fundraiser for Camp! Pictured are the Tuesday volunteers. Watch for more of the volunteers in the next Courier.

(L-R) Marla Schiess, Diane Ward, Berdina Bell, Seth Baumhover, Chris Tegler, Tonja Poster, Darlene Boge, and Louis Pettlon. Not pictured: Larry and Carol Kremer, Jeannie Brislaw, Ardell Brooks, Sandy Dingbaum, and Carol Elliott.

Scan Manchester Garage Sale info on page 5

Dave Schmitt Construction assisting Camp with Mini Golf Project

It was great to have Camp’s dear friends from Dave Schmitt Construction in Cedar Rapids visit Camp to review plans for an 18-hole accessible Miniature Golf course, to be located next to the Zipline (behind where these gentlemen are standing). Since only two campers can zipline at a time, the thought is to have the rest of the campers in a group playing golf. Plans are to begin moving dirt in the Spring of 2023. Dave Schmitt Construction Company has been a cutting-edge provider of excavating, grading, sewer and site preparation services across Eastern Iowa since 1964, and have been involved with Camp Courageous for decades. (L-R) Jeff Pitlik, Camp’s Volunteer Project Coordinator, Ben Hosch, Project Manager for Dave Schmitt Construction and Camp’s longtime friend, Patt McDowell, Estimator/VP Operations for Dave Schmitt Construction. Everyone is very excited for this 2023 Camp Project!

See Manchester Garage Sale info on page 5

Courier Newsletter

Published quarterly (January, April, July, and October) by Camp Courageous, a non-profit year-round recreational and respite care facility for individuals of all ages with disabilities.

A 501(c)(3) non-profit • Federal ID #23-7210932

12007 190th St, PO Box 418, Monticello IA 52310 • Ph. 319-465-5916

JANUARY 2023 • @campcourageous • www.campcourageous.org
Macek-Papke Multipurpose Field dedicated

The Macek-Papke Multipurpose Field dedication was held following Camp’s Pancake Breakfast and Open House. This new field complex, located in Camp’s Pictured Rocks Addition, adds several new activity areas for campers with disabilities, including baseball, kickball, soccer, basketball, Pickleball, shuffleboard, 4-square, and more.

The dedication was kicked off with the introduction of those that made the field possible including the generous donations of many Camp supporters with the initial phase of this huge project started by the Macek and Papke families. Gary Macek, Craig Macek, and Carrie Lamb (Macek) gave a major gift to Camp in honor of Helen and Mike Macek, their parents and grandparents. The family of Paul Junior Papke, from Jackson County, IA, chose to step forward to support the Multipurpose Field through Paul’s estate.

Additionally, it was through a partnership that the Multipurpose Field complex also includes a soccer field. Musco Lighting of Muscatine, IA provided a partial grant to cover the expense of their Mini-Pitch System. Musco then approached the Kick It Forward Association, US Soccer Foundation, and Target to sponsor more of the grant. Later, Scheels of Coralville, IA assisted Camp Courageous by providing thousands of dollars in sports equipment for all of the field activities. Representatives from MUSCO and Kick It Forward joined in the dedication and coached the soccer team following the dedication.

Former camper Jimmy Gibney had the honor of cutting the ribbon for the field to ring in the opening. Jones County Special Olympics softball pitcher Kyle and catcher Dan stepped onto the baseball field for the first official pitch. Next up were campers from REM Iowa playing Pickleball with camper Erin Terrill making the first serve. Long-time camper and volunteer Kevin Ahrendsen made the first kick on the soccer field.

Gary Macek visits Camp Courageous

It was a treat to have Gary Macek, originally from Cedar Rapids, now living in Rancho Santa Fe, CA, visit Camp and see first-hand the new Macek – Papke Multi-Purpose Field, along with the zipline he also partnered with for lead donations. Gary Macek, Craig Macek, and Carrie Lamb (Macek) gave the gifts in honor of Helen and Mike Macek, their parents and grandparents. Helen and Mike, along with dear friends Tait and Dotty Cummins, were very involved in Camp Courageous from its earliest days. After Helen’s passing at age 100, Gary donated the home he grew up in and all its contents to Camp. He then came to Camp to review possibilities for a special honor for his parents. The family decided to join the Bauer-Newholm Zipline in the financial category of naming rights and to join Paul Junior Papke on the financial category of naming rights to the Multipurpose Field! These two huge projects need this kind of support to make them financially possible for campers. We cannot thank the Macek Family enough for the wonderful legacy they leave at Camp Courageous in memory of two legendary individuals. Gary mentioned he just wished his parents could be here to see the good they have provided so many…

Eloise Dennis donates 2013 Fiat 500 Abarth that will be raffled

A huge thank you to Eloise Dennis, from the beautiful Lewis Bottoms area of Linn County, for donating this mint condition 2013 Fiat 500 Abarth with less than 3,000 miles! Eloise told us that her late husband, Dr. Robert Dennis, saw Jay Leno with one and felt that was the car for him. (Scan the QR code above to watch the video.) It is a super cool car and lots of fun to drive. Current Camp Courageous plans are to raffle this car in 2023! Watch for more information to come!

A huge thank you to Eloise for thinking of Camp! Bob and Eloise celebrated 64 years together… a truly wonderful couple!

FIAT RAFFLE TO BENEFIT CAMP WILL START IN EARLY 2023!
Congratulations to WMT-Radio on its 100th Anniversary as Camp Courageous celebrates its 50th!

Camp Courageous congratulates WMT-radio on its 100th Anniversary as Camp Courageous celebrates its 50th Anniversary this year! Half of WMT’s existence has been spent supporting Camp Courageous, starting in 1972 with WMT Sports Broadcaster, Tait Cummins and his wife Dotty. Camp has been forever grateful. In 1980 Dotty Cummins commented to me, “If it wasn’t for WMT there wouldn’t be a Camp Courageous.” I was a 25 year-old former teacher, and not real familiar with the relationship between Camp and WMT but Dotty was ‘right on.’ The power of WMT made Camp Courageous a household name throughout Eastern Iowa and at that time their six state reach. As a matter of fact, it was so powerful that in the mid-70’s WMT was advertising the “World’s Largest Garage Sale for Camp Courage at Hawkeye Downs,” and folks from the Minneapolis, MN area heard them mentioning ‘Camp Courage.’ Another camp existed there that had the same name. They contacted the Camp and asked that we change our name since they were already using it. During the heydays, WMT would allow Camp to go on air anytime to talk about Camp news and events, an opportunity Camp never forgot. Whether Camp was selling pineapples in the summer or fruitcakes in the winter, when WMT talked about it we made massive sales. It has been an incredible honor to have WMT Radio take on Camp Courageous as part of their family for half of their existence. — Charlie

Thank you to New Leader Manufacturing for helping Camp Courageous with its sustainability efforts!

For more than 83 years, New Leader Manufacturing has been committed to giving back and improving the lives of those around us. Our communities are filled with people, organizations, and causes doing great things that continue to inspire us to do more. We are proud to support Camp Courageous and the incredible opportunities they provide to those they serve.

ROCKI SHEPARD
NLM, CEO AND PRESIDENT

New Leader Manufacturing is funding a supercharger at Camp Courageous. This will represent the fastest charger in Jones County and the opportunity for visitors to experience camp while they charge their vehicle. This will raise funds for the Camp. The charger will be partially supplied by the camp’s solar panels.

National VFW Auxiliary President Jane Reape visits Camp

It was an Honor to have the Veterans of Foreign Wars National Auxiliary President Jane Reape visit Camp Courageous. With her is a wonderful delegation of Iowa VFW Auxiliary officers and members. Jane is from upstate New York. Jane is a very good and caring individual and fell in love with Camp Courageous immediately. It was a wonderful day! Thank you to Kathy Schreiber, Iowa Department Secretary from Muscatine, who coordinated Jane’s time at Camp and in Iowa. It has been so nice to have the VFW & Auxiliary involved since the Camp’s earliest days.

Camp was recently contacted by Fred Zelhart of CodaBears, Inc. (www.codabear.com), a consulting firm that specializes in the installing and support of Epicor ERP software. Their clients include organizations ranging from small businesses to multi-plant operations, and international corporations. Fred’s sister is Kim Carlson of Monticello. Kim & Steve Carlson’s son, Alex, has been a Camp Courageous Camper for many years, coming during Muscular Dystrophy Week. Fred appreciated the role Camp Courageous has played in Alex and the Carlson’s lives. Thus, he wanted to do some giving back, so he suggested his company, CodaBears, throw a Christmas party and designate Camp Courageous as their benefiting charity. The party was the evening of December 3rd, in Bloomingdale, IL. It was a wonderful day! Thank you to CodaBears, Inc, Calvin Dekker, Fred Zelhart, along with the Zelhart and Carlson Families. They have all been huge trailblazers for Camp Courageous and so many others.
It’s the possibility of having a dream come true that makes life interesting.

A big thank you to Nancy Franzen, Farm Bureau Financial Services Agent from West Union (L), for nominating Camp Courageous to receive a gift from the Agents Association-Iowa Chapter. Several agents represented The Agents Association-Iowa Chapter and had the distinct honor to issue this check to Camp Courageous of Monticello, Iowa. Thanks to all the agents in Iowa who participated in the “Agents Give Back” Charity Auction in March of 2022. Agents present were Nancy Franzen (L), John Gregory, Shannon Slockett, Staci Shettler, Brad Stimmel, Brent McCall, Jeff Dentlinger, and Nick Wetzel. Representing Camp Courageous was Jim Foels (center-green shirt). Jim is from Brooklyn, IA and a past Chair of the Camp Courageous Board who has served on the Board for decades.

World renowned Speed Herrig brought his rib wagon to Monticello as a fundraiser for Camp Courageous. He parked in the Fareway parking lot and sold his delicious pork, ribs, and all the trimmings for three days. This has become an annual tradition where folks in the area wait all year round for the wagons to circle.

Right in there with ‘Iowa Nice’ is ‘Monticello Hospitality!’ Pictured is Dave Tabor as he delivers two beautiful pies (pumpkin & apple) made by Dave’s wife, Durene, to Speed.

Huge thank you to Speed, who is a dear friend, with a heart of gold. This relationship goes back 40+ years to a meeting at the Petroleum Marketers Convention in Des Moines.

Speed ‘The Sauceman’ Herrig and Cookies BBQ Wagon benefits Camp

An opportunity to buy new and gently used items with proceeds going to Camp!

Clothing, furniture, decorations, housewares, wall hangings, purses, books, jewelry, toys, and more!

Run 100% by volunteers.
Monday-Friday, 9:00 AM to 4:00 PM
Saturdays, 9:00 AM to Noon

Donated items accepted and added daily. Credit cards now accepted for purchases of $10.00 or more. If dropping off more than three bags of items please call 319-465-5916, ext. 2340 to make an appointment. Get list of accepted items on sale’s web page (URL below or scan the QR code).

campcourageous.org/manchester-garage-sale

1121 E. Main Street, Manchester, IA
Phone: 563-927-2120

OPEN YEAR-ROUND!
All sales benefit Camp!!

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COCOA BOMBS!
Camp’s Annual Cocoa Bomb sales run through April 2023.
This hot winter treat is made in the camp’s commercial kitchen. They are as delicious as they are beautiful, with many yummy flavors to choose from.

To order Cocoa Bombs, go online here: https://campcourageous.org/cocoa-bombs

Inside the delectable chocolate shell, are a delightful combination of flavors & ingredients that melt into a scrumptious cup of steaming gourmet cocoa once hot milk is poured over it. Be sure and look for the Camp Courageous edible sticker on the marshmallow! Cocoa bombs are sold online, in the Camp store, and at select retail locations. Each online order is made fresh as soon as the order is placed and have a shelf life of 8 months.

Thank you to Ron Huelse of Knoxville, IA for inviting Camp Courageous to give a program to the Central RED Society (Ready to Engage and Discover) on the campus of Central College, in Pella, IA. This wonderful group, made up of over 100 individuals, cover a wide variety of subjects. They are a volunteer-driven, lifelong learning and social organization with an abiding partnership with Central alumni and friends who wish to share knowledge, talents, and experiences. Special thanks to Mary Benedict and the staff of Central College and the participants for their warm hospitality and great questions. It was also a treat to visit with Victoria (Tori) Fyfe, Assistant Director of Community-Based Learning at Central College. Beautiful campus, within a beautiful community.

A huge thank you to Dr. Jeannie Collins, DDS and the team at Noelridge Dental in Cedar Rapids for professionally whitening teeth at a discounted fee with 100% of the proceeds split between Camp Courageous and the Smiles For Life Foundation. Smiles for Life provides free dental services for seriously ill and underprivileged children. This wonderful program has touched the lives of many in need for years and has raised tens-of-thousands of dollars for Camp Courageous. We cannot thank Dr. Collins, the team, and all their wonderful patients enough for making this program a huge success. (L-R) Special thanks to Molly Bresslin for coordinating the project along with Ashley Dillon, Heather Hughes, and Chelsy Sparrow.

The Quad Cities Optimist Club has been supporting Camp Courageous for over 20 years through the donation of needed items, financial support, and many hours of hard volunteer labor. It was like a homecoming to come back and provide the group with an update on the Camp since their latest visit. Special thanks to John (& Katie) Morrow (front left) for introducing Camp. Katy was a Bentler from Houghton. Her dad, LeRoy Bentler was one of a small group of Petroleum Marketers of Iowa that discovered Camp Courageous and began supporting the Camp in 1981. Katie’s brother, Larry Bentler from Stockport, continues to be a super Camp supporter through FUEL Iowa, keeping the Bentler legacy alive and well. In addition, Frances King is a member of this club. Her dad was Norb Bahl, the Chair of PMI in 1981 and set up that first meeting... small world. Also thank you to Ron Huelse of Knoxville, IA for inviting Camp Courageous to give a program to the Central RED Society (Ready to Engage and Discover) on the campus of Central College, in Pella, IA. This wonderful group, made up of over 100 individuals, cover a wide variety of subjects. They are a volunteer-driven, lifelong learning and social organization with an abiding partnership with Central alumni and friends who wish to share knowledge, talents, and experiences. Special thanks to Mary Benedict and the staff of Central College and the participants for their warm hospitality and great questions. It was also a treat to visit with Victoria (Tori) Fyfe, Assistant Director of Community-Based Learning at Central College. Beautiful campus, within a beautiful community.

For several decades Robert and Jeanene Cavey played Mr. and Mrs. Santa Claus during the holiday season, much to the delight of thousands of children—young and old! They provided joy for the campers attending the annual Camp Courageous Holiday Parties for many years. As a way to honor Robert and Jeanene’s long-standing tradition of playing the jolly elf and his wife, their family decided to honor their memory by collecting items from the camp’s needs list and making a generous donation to camp. Daughter Christine Meyer made the wonderful delivery Camp Courageous, wearing the festive T-shirt the family designed with the graphic “Forever Our Santa” on the front. Thank you Cavey family for keeping the spirit of the holidays alive—just like Mr. & Mrs. Santa Claus!

Camp Courageous is very grateful to this super group, coming from all over Iowa to help create the best water quality for Camp and for all those downstream. This group did an in-depth look and made some excellent recommendations for now and into the future. They are currently entering phase two of a three-phase water quality assessment. The team will continue to help Camp, for which we are very grateful. (L-R) Jeff Pitlik, Camp Courageous Volunteer Project Coordinator; Erin Erickson, Watershed Management Authority Coordinator; Brad Mormann, Jones County Conservation Director; Steve Konrady, Western Iowa Basin Coordinator at Iowa Department of Natural Resources; Matt Dvorak, Source Water Protection Coordinator DNR (leaning down); and Miranda Haes, NE Iowa Basin Coordinator, DNR.

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Camp celebrated the Holiday season with nearly 500 youth and adult campers from the ages of 4 through 76 attending from across Iowa. Everyone had the opportunity to enjoy hot cocoa and cookies, activities, music, and more.

Every camper received a free holiday gift after visiting with Santa. These gifts are donated with volunteer groups wrapping them year-round so there are enough for all campers who attend.

Santa visited Camp Courageous during the annual Holiday Parties. During one of the parties Santa selected camper Adam to ride with him on the Camp’s zipline. It is a ride that Adam (and first-time rider Santa) won’t soon forget. Scan the code to see the video!

Several activities were offered during the holiday parties including swimming, scaling the Eiffel Tower, intense games of Bingo, and holiday face painting. Santa even made some surprise visits to camper activities!

Area schools, group homes, and other organizations attended the parties. Thank you to all of the teachers, staff, students, and others for attending.

Thank you to all of the donors of holiday gifts and volunteers that helped to make the parties a big success. Contact volunteers@campcourageous.org if you’d like to help at future events.

Thank you to all the area Hy-Vee stores for their participation in the Camp Courageous Pineapple Sales this past summer. Pictured is Pineapple Committee Member and the Marketing and Communications Coordinator Jenny Townsend (for Cedar Rapids, Coralville, Iowa City, and Marion) holding the Pineapple sales check. This is a tradition that started in 1978, with Cedar Rapids United Airlines flying jet-fresh pineapple from Hawaii to Chicago, and then CRST trucks bringing them to Cedar Rapids. The Hy-Vee Stores took over decades ago as the airline regulations changed. The Pineapple Gala started a year later in 1979 as one of the first major events held at the new Stouffer’s Five Seasons Hotel in downtown Cedar Rapids. This year’s Pineapple Sales and Pineapple Gala hit a new record in money raised for Camp Courageous. Helping make this a record year was the “last item of the night” at the Gala, which was to raise money for the new 18-hole accessible Miniature Golf Course (and was matched by Honorary Board Members, Bud and Georgia Johnson). Plans for the golf course are already underway for 2023. One can visit campcourageous.org/pineapple-gala for more information.

Nothing is impossible, the word itself says ‘I’m possible’!
Camp Courageous would like to thank the Cedar River Mill of International Paper in Cedar Rapids for their years of support. This year Megan Shook, Communications Specialist, personally delivered a check to Camp from the International Paper’s Foundation. This gave Megan the opportunity to learn more about the Camp and its long relationship with International Paper. The Cedar Rapids plant takes recycled cardboard and makes corrugated cardboard from it. They are the largest 100% recycled paper mill outside of China! This is a great place to work with many of their staff involved with all aspects of Camp Courageous from volunteering to having family and friends attend. Camp is so grateful for their super support!

It was a special treat to have Bill and Tammy Post of West Des Moines personally deliver a check to Camp Courageous as part of Bill’s Grand Master Program. Bill served as Grand Master of Masons in Iowa in 2021. Bill and Tammy were often seen at Camp Courageous volunteering for the Pancake & Omelet Breakfasts & Open Houses for years. A super couple and a super organization!

The 33rd annual Square Dance Benefit for Camp Courageous was held on Sunday October 9th in the Sill Barn. This year’s event was hosted by the Quad Cities Federation of Square Dance Club. Callers and Cuers and dancers came from all over eastern Iowa to enjoy the rustic charm of dancing on the wooden floor of the camp’s barn. From the first song until the final bow the dancers twirled, do-si-did, and waltzed around room. Camp is so grateful to all the clubs and individuals who took part in this lively event and their generosity!

Thank you to Dan Scandridge from Hartwick, IA for his donation of 150 pounds of ground beef and pork. Food is a constant need at Camp and Dan has been a constant provider for over a decade. Camp is fortunate to have large walk-in freezers for storage. Dan was a loyal listener to WMT and Leo Greco and more than once has bought Jim Loyd’s Open Line Cookbooks that Leo would auction off for camp. Leo and Dan had some wonderful conversations, and always planned to meet at the Ox Yoke Inn for brunch. Unfortunately, it never happened. One can also find Dan at the Pineapple Gala where he has had a table for years.

Thank you to Cathy Fitzmaurice-Hill (and Merle) for inviting Camp to give a program to the Hill’s Town and Country Club. This special group of good and caring folks have been supporting camp for over 30 years! They always make one feel at home between Dale and Connie Schnoebelen (son was a Camper with Muscular Dystrophy) greeting everyone and Scott Hebl and his friends preparing an incredible Thanksgiving Dinner. Members of the group collected a carload of items needed at camp; this super group has consistently filled the car every time! This year Camp Courageous presented the group with its Trail Blazer Award for being so good to Camp for decades. Camp’s heart is overwhelmed by the sincere kindness of this group.

Thank you to the staff from NRG Media for volunteering at Camp to help setup for the Pancake Breakfast and Open House. This group made quick work of getting the lodge ready for the hundreds of people that visit during the annual breakfast. Camp can’t thank the staff enough for the on-going support with on-air mentions and social media posts that help to promote Camp Courageous and its events. Pictured is Mike Waters from one of his Facebook posts as he wears his Camp Courageous 50th Anniversary T-shirt.

Sign up for Camp Courageous E-mail communications! Camp sends a weekly E-mails with the latest updates. You can also sign up for E-mails about camper sessions and special events. Check one or all of the areas of interest for you! Sign-up at: campcourageous.org/email

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Camp Courageous is run on donations, without government assistance, formal sponsorship, or paid fund raisers. Everything given to camp, whether it be time, materials, or financial support, goes directly to benefit the individuals with disabilities who are served each year. Listed below are those who have contributed money, time, and/or supplies from September 19, 2022 to December 31, 2022.

Isn't it nice to think that tomorrow is a new day with no mistakes in it yet?
Thank you to Paul Andersen for approaching Camp Courageous about the idea of having a UKC (United Kennel Club) Shed Dog event at camp. For Paul, this event was all about people having fun with their dogs and earning UKC Shed Dog titles while also benefiting Camp Courageous. Paul said, “This brings a huge smile to my face knowing that we have a fabulous place to help people in need. I truly appreciate Camp Courageous for giving me this opportunity!” Thank you to everyone that participated, spent time to visit and learn more about Camp Courageous, and for Paul’s donation. Great group made up of competitors, friends and families. Several said, sum me up for next year.
CEDAR RAPIDS, IA
Thomas & Katherine Abate
Jon Adams
Stella Abberton
Janet Aldrich & Greg Chapman
Linda Andersen - In memory of Dick Andersen
Charles and Paula Anderson
Gaylen and Barbara Witzel
James and Jean Zarris - In service of Jean G. Zarris
Cedar Falls Construction
Sheels All Sports
Service Signing, LC
St. Stephens KC’s Council #1496

THE ESTATE OF DOROTHIA SANDQUIST
REGISTRATION IS NOW OPEN
Sign up now at csspatriotrii.com

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Four-time Olympic and USA Triathlon Hall of Famer Hunter Kemper will be returning to the CC Sprint Tri in 2023. This year he is joined by special guest Abigail the Advocate! She is the first woman with Down syndrome to complete a sanctioned sprint triathlon and an inspiration to all! This is the year to do a triathlon and support Camp!

Abigail Adams
- First women with Down syndrome to complete a sanctioned sprint triathlon
- Works to inspire others to overcome personal obstacles

Thank you to these sponsors:

Our lives begin to end the day we become silent about things that matter.
The **Preston Lions** have always been great supporters and have given camp a very special place in their hearts. **Ray and Della Ernst**, on behalf of the Preston Lions, delivered a generous donation of paper products, ice cream salt, and peanut butter along with a box of shortbread in memory of Doc Johnson. Nancy Slack thanks them for their kindness and generosity during this special season and all year!

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**Barbara Neff** - In memory of Rita Lange
**Tom and Alice Pei** - In memory of Rita Lange
**Patty Ann Peiffer** - In honor of Andrew Peiffer's birthday
**Prayton and Andrea Perkins**
**Alex and Joy Perri**
**Don and Prudy Petersen**
**Marshall and Jennifer Petersen**
**Janice Philipp**
**Bonnie Pisarik**
**Diane Pitlik** - In memory of Kathy Hedlund, Mary Jane Brandes, and Rita Lange
**Josh Plein**
**Ann Powers**
**Thom Prinz**
**Connie Prochaska** - In memory of Alex Prochaska and Emily Cervantes
**Richard and Peggy Prochaska** - In memory of Alex Prochaska and Emily Cervantes
**Larry and Phyllis Purcell**
**Lori and Dan Raleigh**
**Sylvia Ralston**
**Dale and Caryl Rammelsberg**
**Becky Ran - In memory of**
**Joy Rankin**
**Richard and Janet Ransom - In memory of Noreen Bush**
**David and Mary Jo Rater**
**Jeff and Lisa Rehman - In memory of Mary T. Menzel**
**Mark and Kathy Reiling - In memory of Jane Knopick**
**Andi Riem**
**Sherry Russi**
**Midwest Metal Products Rita Jelinek - In memory of Ray Urban**
**Cheri Rizer**
**Alan Robb and Wendy Bueths**
**Danny Roberts**
**Nadene Roberts - In memory of John Keith Roberts**
**Charles Robinson**
**Max Rodgers**
**John and Monica Rolten**
**Barbara Ross**
**Rodney Ross**
**Arthur Saldana**
**Lisa Sallee - In memory of Luella M. Eichhorn**
**Trunk Safari - In memory of Joseph Francis Pusateri**
**James and Sara Sauder**
**Bruce and Cheryl Schell - In memory of Denny Lamers**
**Helmi Schmel**
**Sally Schmid - In memory of Trent Schmid**
**Carolyn Schmid - In memory of Ray Schmid**
**James Schmid - In memory of Susan Schmidt**
**David Schrader**
**Jackie & Joe Schreder**
**Michael and Carol Schueller**
**Craig Schulte**
**Debra Smith**
**Joan Schultz - In memory of Clare Sharpe and Denton Schultz**
**Nancy Schultz**
**Steve and Linda Schurking**
**Ron and Mary Scott**
**Melvin Scoville - In memory of Mike Scoville Jr.**
**Carolyn Seeman**
**William and Susan Shanks**
**Mary Ann Shaugnessy**
**Nancy and Cynthia Sherman**
**Wyatt Siegle**
**Brad and Tricia Simanek**
** Erick Skogman**
**Mary Jo Slcolum**
**Maureen Smalley**
**Robert and Marlene Smegal - In memory of Barbara Smegal, Genie Mcmorse, and Steve Jennings**
**Gary Smith**
**Glenda Smith - In memory of Darold, AJ, Gidget & Snuggles**
**Mari Lu Smith**
**Kari and Diane Smith - In memory of Nancy Koester and Sharon Teawey**
**Amy Snider**
**Eric and Roxann Sorensen**
**Steve Soerens**
**Marcia Spores**

**Ruth Collins** - In memory of youth and memory of Roy Stout
**Linda Holub**
**Doug and Sara Kelley**
**Shawn and Margene Lawrence** - In memory of Julia & Amil Lawrence

**Nancy Slack**, with the **Altaona Lions**, traveled all the way from Altaona on a beautiful December morning with a van load of wonderful items their club collected from the camp's needs list. Nancy is shown holding the current needs list along with their donations. Thanks so much Altaona Lions for your support of Camp Courageous!

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**Drew Fox** - In memory of shrimp
**Lisa Gardiner** - In memory of Alex Prochaska and Emily Cervantes
**Michele Shertzer** - In memory of Alex Prochaska and Emily Cervantes
**Larry and Cynthia Harrell**
**David & Cindy Krumm - In memory of**
**Jill Krukow, Keith P. Schmidt, Julie Krukow, and Terry Cavanagh**

**Goose Lake Lions Club**

**CHICtE.**

**Lenny and Janet Baldwin - In memory of Rene & Madeline Arent**
**Amy Demeneuren**

**CHEROxKE.**

**Gloria Ford - In memory of**
**Brady Fuino and Gene Bray**

**CLAREnCE.**

**Michael and Kathy Corbett**
**Shirley Geedalmann**
**Vern Huadminer - In memory of Genevieve Schrager**
**Connie Kelly - In memory of Douglas Kohl and Mary Surgery**
**Brian and Arlena Krafick - In memory of**
**Friends of the World**
**Memory of Brenda Eibbaum**
**Martha Markham**
**Robert and Janet Niemeyer**
**Michael Shear**
**Pat Timberlake**

**CLARoN, IA**

**Kimberly Marker**

**CLEAR LAKE.**

**Mary Cullinan - In memory of**
**Gary Windsers**
**Jim Finstad**
**Steven Nielsen**
**Jim Piaseczny**

**CLinton, IA**

**William and Linda Bickler**
**Joni Bonita - In memory of**
**Dessa Borotta, Linda Kuchel, and Rosella Schmidt**
**Tracy and Lisa Ckarke**
**Eugene and Virginia Eggers - In memory of**
**Harlan Marx - In memory of**
**Laverne Kauder**
**Patricia Fuller - In memory of**
**Donna Wolfgang**
**Gary and Myrna Ford**
**In memory of Karin Applegate and Carolyn Gaines**
**Wayne and Katharina - In memory of**
**Bob Severin and Ed Hupfer - In memory of**
**Bill Butcher, Foster, Gene Miller, Jim Pearson,**
**Joyce King, Nancy Witt, Phyllis Jensen,**
**and Karin Raschke**
**Charles and Nancy Jargo - In memory of**
**Leo Pete Roling and Werner Paulsen**
**Fred and Carol Jensen - In memory of**
**Bob Zabringer,
Decoration, IA
Jerry and Maryann Baker - In memory of Duane Reifs Larson
Mary Ann and Vernelle Gossman - In memory of Bill Wagner
Juan Tony Guzman - In memory of Amalia Acosta de Guzman
Tom and Judy Kemp
Marlin and Judy Mooney - In memory of Bonnie Esbaugh and Joe Mente
Tom Rhoades
Jeff Thoems
Roger and Patricia Timp - In memory of Kenny Worthing
Kelsey Vanpee
Jarrad Walter
Gary and Sheryl Weber
Big Canoe Lutheran Church
Gemini Inc.
V.F. May 2017
Delhi, IA
Bobby Bauers - In memory of Morgen McDermott
Sue Burdick - In memory of Luella M. Eichhorn
Kevin and Linda Dempster
Joel and Judy Eckman
Tom and Michele Glanz
Grant and Tana Guettko
Lary and Sue Hillers in memory of Morgan McDermott
Beth Bangert

DELTA, IA
Marlene Hammes
DENVER, IA
Denele Feltman
Veronica Wilmut
DES MOINES, IA
Russell Bishop - In memory of Erin Wagner and Mildred Hinrichs
Cindy Blonsig
Tracy Corsello
Nick Day
David and Nancy Diehl
Bob Billard
Denise Hall
Judy Harmon - In memory of Dale E. Hemingson
Christina Lederman
John and Celia Nelson
Joyce Rice
Stuart Sampson - In memory of Jack Steele

DELMA, IA
Mike Lucas - In memory of Ramon Burke
Gary and Carol McAvoy - In memory of Lois Menkemiller
Allen and Maryann Dusen
Denis and Connie Rorahl in memory of Ramon Burke
Kathy Seyforth
Rodger Schickel
Jane and Robert Thiel - in memory of Cherie Tampi
Jamor Lions Club

Cindy & Hollie Smith - In memory of David Leslie Garfield
Daniel Winer
Baron Solvents, Inc.
Iowa One Gift
Iowa Scottish Rite Masonic Foundation
The Wellmark Foundation
VF Post #9548

DEWITT, IA
Nancy Aiken - In memory of Marilyn Malmanger
Dorothy Aude - In memory of Deirdre Seelbach and Ramon Burke
Lee and Luanne Barber - In memory of Julie Kukow
Jon and Valerie Betz
Scott & Carla Baxter - In memory of Julie Kukow
Carla Bertemb - In honor of Happy birthday to Colby

Medger, Happy birthday to Kalli Bornmann, Birthday to Nicholas Heinrich, and happy birthday to Shad Patterson
Alexis and Lois Block - In memory of John Douglas Dalton
Debbie Block
Francois Burke - In memory of Bill Goddard and Mary Feldpausch
Caron Cari - In memory of Beverly Mente, Joe Mente, and John Ramon Burke
Joan Daniels - In memory of Harlan Marx - In honor of Leo Dieckmann for being inducted into the Wheatland School Hall of Fame for your 36 years as a teacher and coach
David and Judy Fletcher - In memory of Esther Schroeder and Ramon Burke

Never let your sense of morals prevent you from doing what is right.
Attention Camp Courageous community, I am pleased to announce that we have a new sheriff in town. Camper Randy traveled back into the days of the West and captured the hearts of Camp Courageous staff while also keeping camp free of any crime. Randy could be seen throughout camp supporting a personalized police badge with his name engraved on it. I had the pleasure of being one of Randy’s counselors. I enjoyed every second I spent with Sheriff Randy. Randy carried great pride in protecting those close to him while also enjoying his time at Camp Courageous. Randy can be seen wearing a badge that resembles a star. However, the star is truly the person behind that badge. Randy, thank you for your service! - Program Coordinator, Jacob Niemand.
Other Camp Courageous facilities available for rent include the Sill Barn, indoor pool, Pictured Rocks Addition for parking across 190th Street. All rental proceeds go towards helping the camp serve thousands of campers annually.

Other Camp Courageous facilities available for rent include the Sill Barn, indoor pool, Pictured Rocks Addition for parking across 190th Street. All rental proceeds go towards helping the camp serve thousands of campers annually.

For more information, visit www.campcourageous.org/rental or contact rental@campcourageous.org or 319-465-5916 ext. 2140.
When you reach the age of 72 you are required to take RMDs (required minimum distributions) from your IRA. You can make all or part of your RMD's nontaxable by making a charitable donation directly from your IRA. Consult your tax advisor for more details or visit: https://campcourageous.org/ways-to-give/

**IRA Charitable Rollover**

A charitable gift annuity is basically a "gift that pays you income for life." Now is a great time to look at this particular type of annuity in your will because current return rates are very good. If you get returns above the guaranteed rate then you can gift that amount to Camp Courageous!

When you fund a charitable gift annuity you get a FIXED payment for life no matter what happens to the economy, an income tax deduction this year for part of the funding amount, you receive possible capital gains benefits when you fund one by transferring stock, you can receive payments for one or two lives, but with similar rates, and you can be confident knowing every gift beneficiary Camp Courageous of serving individuals of all ages with disabilities.

Contact your financial advisor to learn more about funding a Charitable Gift Annuity.

**IRS**

**Step One**

1. The annuitant is at least 70½ years old.
2. The annuity must be administered by a qualified organization.
3. The annuity must be irrevocable.
4. The charitable deduction is claimed in the year the annuity begins.

**Step Two**

1. Choose the charitable gift annuity that provides the payments you desire.
2. Contact your financial advisor to determine the charitable value of your gift.
3. Check with your financial advisor to determine the state and federal income tax savings you will receive.

**Step Three**

1. Open your IRA and donate the funds.
2. Pay any tax that is due.
3. Based on your choice of gift, you will receive a charitable deduction for the value of your gift.

**Step Four**

1. Enjoy your tax deductions and future cash income from your charitable gift annuity.

**Step Five**

1. Your payments will be made to you for life or a fixed number of years.
2. Your payments are tax-free.
3. Your IRA is the charitable donor.

**How have you ever considered a Charitable Gift Annuity?**

A charitable gift annuity provides a lifetime income stream.

**Benefits of a Charitable Gift Annuity**

1. Income payments are tax-free.
2. You receive a charitable deduction in the year the annuity begins.
3. You can continue to receive payments after your death if the annuity is for a person other than yourself.
4. You can choose the length of the payments.

**Contact Us Today**

1. Contact your financial advisor to determine the charitable value of your gift.
2. Check with your financial advisor to determine the state and federal income tax savings you will receive.
3. Open your IRA and donate the funds.
4. Enjoy your tax deductions and future cash income from your charitable gift annuity.

**Weaknesses are just strengths in the wrong environment.**

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Every year is very fun and each year is more fun. And every year I meet new people. The counselors are great too. Tobi has been there a long time and this last time at camp made a special effort to come and see me. That meant a lot to me. It’s great to be able to take a break from our regular life. Like a vacation. Since I’ve been going since I was 5 years old and I’m 31 now, I highly recommend it to everyone.

Thank you so very much!

Drew Malone

From Traci Malone (his sister):

Drew doesn’t have many friends and has a hard time just being himself when out and about because he feels he’ll be judged. At camp he makes new friends every year. He has one friend he met at camp years ago and luckily they were in camp together quite a few times so they’ve kept in contact over the years. He gets to just be himself without being self-conscious and everybody loves it.

Camp Courageous has also been a savior for when Drew’s grandma and father passed away. Camp Courageous made space for Drew to come immediately after words. It was a savior because he could go somewhere and release some of his pent-up emotions, be with people like him and just be “Drew.”

P.S. Thank you! We lost our mother in July of 2020. I’m self-employed and I now have to work less to be home with Drew more, so money is very tight. I’m still trying to figure it all out; mom was his sole caregiver before. I can’t express how grateful we are for your contribution.

Traci Malone
Camp uses a special harness to make all climbing elements adaptive. This gives every camper a chance to climb and try something new. An additional harness is needed at Camp Courageous. If you would like to donate a harness or other adventure equipment to the Adventure Program, contact Dalton Barriar at 319-465-5916, ex. 2350 or send an email to dbarriar@campcourageous.org.
Charlie’s remembrances on some of Camp’s loved ones...

Camp Courageous is deeply saddened upon the passing of John Green of Iowa City. John was a one of a kind. A true joy to be around with a huge heart for providing service to others. I so looked forward to his Iowa City Old Capital Kiwanis newsletters, where he always cut and paste some of his jokes to brighten the days of Camp staff and the board. John would often have me stop by his house with Camp Fruitcakes or to pick-up a donation. John was truly loved by more people than he could ever realize...he leaves us a huge void in our hearts...

Paul Exstrom, 97, of Dubuque, IA recently passed. He, and his wife, Bernice, were dear friends of Camp Courageous for decades. In addition, Paul was a brilliant person and one always felt fortunate when he would share a little fascinating knowledge. He would often look through his house for exceptional things he could donate to Camp from cross-country skis to camping equipment. Paul and Bernice were wonderful neighbors to Camp supporters Walter and Harriett Star, both living on Avalon in the same homes for many decades. What an incredible legacy Paul leaves. Camp’s sympathy goes out to Paul’s family and friends. As did his wife, Bernice, Paul wished their memorials go to Camp Courageous and other charities.

Camp’s heartfelt sympathy goes out to the family and friends of Brook Wagner, one of Camp Courageous’ first campers. Her brother, Wade Wagner, wrote a beautiful obituary for his sister and it can be read at (http://www.neuhausfuneralservice.com/guestbook/brook-wagner). Brook was fortunate to be born into a very good, caring, and loving family. Her mother, Janet, who just passed a few months ago, was a true trail blazer for the disabled and dear friend of Dotty Cummins, one of Camp’s first board members. Together, they went up against anyone to earn the rights for those with disabilities that many take for granted today. Along with sadness at her mom’s passing this year, there was the joy and excitement that came with celebrating her 60th birthday! Brook loved a party, and with the help of her sister Keely, ‘60’ was an extra special one. Brook was a sweetheart...loved by all who knew her and will be dearly missed.

Camp Courageous is saddened by the passing of Robert (Bob) Miller, 97, long time Camp supporter, from Dubuque. Our paths crossed in Dubuque with his son, Doug, going to the same schools as me, and seeing Bob’s Family at community activities. Then I came to Camp Courageous, and I wondered how Dotty Cummins, a huge Trail Blazer for Camp Courageous from Cedar Rapids, knew Bob Miller from Dubuque. Well, they both grew up and went to school in Anamosa where both excelled. Years later, both Bob and Dotty would have sons with special needs. Bob owned Miller Electric in Dubuque, who were great supporters of Camp and was later sold to our friends at Van Meter. Camp’s sympathy goes out to Bob’s wife, Donna, daughter, Lynne, family, and friends. Bob will be greatly missed, but what a legacy he leaves.

Kathy Hedlund, 92, of Cedar Rapids recently passed. Camp’s sympathy goes out to her family and friends. Kathy was the life of a party! When Kathy arrived, one knew there would be much laughter and fun. From selling pineapples to setting up for the Pineapple Gala, every year for decades she continued the tradition, even after her dear friends, Dotty Cummins and Kay Pittik passed. Together they played a lot of bridge for Camp, golfed, and could be caught up with having a donut and coffee at the Danish Maid Bakery in the morning. One could hear their laughter for miles. Kathy will be dearly missed, but what a beautiful person who genuinely cared for others.

Camp is saddened by the recent passing of Phyllis Lerch, 89, of Anamosa. For decades Phyllis led the charge for Camp Courageous to receive the support of the Iowa Farm Bureau Women. Camp would attend their conventions in Des Moines, where Phyllis and her friends would provide Camp with a wide variety of gifts, from quilts to checks. From 4-H to anything aviation, Phyllis brought many new and dear friends to Camp Courageous. Camp’s sympathy goes out to Phyllis’ family and friends.

Sandy Boyd was many things to many people. For some of the most turbulent years in their history, he was the University of Iowa President (the Vietnam era). He was a great leader when a great leader was needed. Hancher Auditorium had just opened on the Iowa Campus where they held a freshman orientation, led by Sandy. I remember clearly of Sandy making the comment, “Look to the person on your right. Now your left. Only one of you will graduate.” After Sandy retired from Iowa and his later position as the President of the Field Museum of Natural History in Chicago, he spent a lot of time focused on non-profits. He started with the Larned A. Waterman Iowa Nonprofit Resource Center for which Iowa is a better place as a result. It has been an honor to have Sandy as a friend and as a great supporter of Camp Courageous over many decades.

Camp has lost many dear friends who have requested memorials go to Camp Courageous. Use the envelope included with this newsletter or go to www.campcourageous.org to make a tribute in their name:

- Daniel Randall, Manchester
- Janey Pech, Winthrop
- June Lawler, Fort Dodge
- Robert “Bob” Stephanek, Cedar Rapids
- Glenn Shima, Solon
- Constance “Connie” Frey, Iowa City
- Janithe (Propst) Lewis, Cedar Rapids
- Frances Nielsen, Cedar Rapids
- Joann Nelson, Woodhull, IL
- Paul Exstrom, Dubuque
- Robert (Bob) Miller, Dubuque
- Alvin Elmore, Davenport
- Robert “Dean” Jeter, Iowa City
- Deanne George, Manchester
- George Platten, Manchester
- Deanie George, Sun City, Arizona
- Donna Schlamp, Marion
- Kathy Hedlund, Cedar Rapids
- Anthony J. Jimenez, Tampa, FL
- Joseph Pusateri, Cedar Rapids
- Donald Gorham, Washington
- Bonnie Esbaum, Wheatland
- Delores Welring, Tipton
- Mary Menzel, Marion
Pool Rental - Pool rentals are limited to 1 hour swim time. Non-swimmer guests are included in each package.

$50/hr ... Party Room (25 Guests) $225...... 31-50 Guests 2 Pools
$150...... 25 or less Guests One $275...... 51-75 Guests 2 Pools
Pool(2 Lifeguards) $175...... 26-30 Guests 2 Pools
(3 Lifeguards) (2 Lifeguards)
The Camp Courageous Board of Directors is in its 50th Year! Over the years the Board has been key to steering the Camp towards a sustainable future and to advance its mission and touch the lives of hundreds of thousands. The Camp Board is like one big family of good and caring individuals that come to Camp at least once a month to meet; some drive for hours to attend meetings. They are parents of campers, teachers of campers, and a wide variety of backgrounds, all with the desire to see Camp Courageous continue to succeed in the hearts of thousands of campers. They are a group that can have great open discussion and all leave as dear friends. Camp Courageous is blessed to have such a group leading its future! L-R Randy Faulkner, Treasurer; Mag Welter; Bruce Scheff; Jill McDermott; (Back) Jan Short; Sheri Grawe; Mary VanHouten, Chair-Elect; Glenn Hasken; Trish Recker; Amy Rouse, Board Chair; Mary Johnson, Secretary; Jim Zimmerman, Merlin Hulse (Back) Phil Short; Jim Foels; and Margo Ahrendsen. Not pictured: Greg Greco, Diane Pitlik, Amanda Schlemme, and Chris Wiese.

Camp is fortunate to have an exceptional Camp Courageous Foundation Board. Dr. Earl DeShaw started building the “Camp Courageous Perpetual Fund” in 1980. The fund has provided Camp a strong foundation to grow and to survive challenging times, like those faced during the pandemic, and to continue to not take government funding. This board is L-R Randy Faulkner, Treasurer; Lori Dohrmann, Secretary; Dave Dohrmann, Past Chair; Honorary Board Members Tom and Sonja Penaluna; Jodie Kollsmith; Bob Kollsmith; Mary Ann Zimmerman; and Jim Zimmerman, the Board’s Chair. Not pictured: Honorary Board Members Jim and Mary Klinger, Chair Elect and Honorary Board Member Jan Supple. Camp is grateful for their dedication and desire to see Camp continue to grow and reach out to new campers as well as serve those of the past.

Thank you to Daniel Zirtzman, (8th from the left), a University of Iowa Engineering Graduate, for organizing a group of University of Iowa Engineering students to visit Camp Courageous and work on a surveying project that includes possibly building a future bridge. In addition to Daniel, it was nice to have Ethan Gingerich as part of the group. (2nd from the right). Camp worked with Daniel, who is now with Hall & Hall Engineering of Hiawatha, and Ethan, who is the Bridge Program Director for ‘Engineers in Action’ over the past couple of years. This group is part of the Continental Crossing Student Organization. Their mission is to educate students in related subjects, like surveying at Camp Courageous. Camp is grateful for this super relationship that is seeing many projects turn into reality. Camp wishes each the best in their future endeavors.

Camp Courageous has been awarded a 2022 grant from the Dubuque Racing Association in the amount of $25,000. This grant will be applied toward phase two and completion of the Camp Courageous Multi-Purpose Field. The DRA grant committee members recognized the importance of this project and its importance in keeping the campers safely challenged and excited about the possibility of coming to Camp Courageous. The DRA has been good friends of camp for many years, providing funding toward projects including the zipline, waste-water treatment project, the camp bowling alley, the indoor playground, a walk-in freezer and cooler, the Lake Todd Bridge, among many others.

Do what is right, not what is easy nor what is popular.
The Two Rivers Camping Club continues to support Camp Courageous in a big way! This generous group has donated paper products, quilts, hats, gloves and scarves, medical supplies, crafts, and so much more for nearly 30 years. Shown here are club members Harold and JoAnn Annis who recently dropped off another load of fantastic, much needed items.

It is always a treat to attend the Mount Pleasant Knights of Columbus Council 7294’s annual dinner and Tootsie Roll drive for Persons with Intellectual Disabilities presentations. Financial Secretary Stephen Slobodnik presents a check from the Council to the Camp. Stephen has been very involved with the camp for decades, as was his father... never knowing that someday they would have family members using camp. This year’s donation was in memory of Dennis Fraise and Genevieve McCabe. Special thanks for the Council’s support of fruitcakes and VW Bus tickets too! Super group!

The Delhi/Hopkinton Knights of Columbus Council #12695 had a very successful Tootsie Roll Drive this year! This hardworking, active group has been supporting camp for over 20 years. Thank you to the Knights and Mike Feldmann for delivering their generous check.

The North Linn K.C Council 12136 from the parishes of Central City, Coggon and Prairieburg had a great Tootsie Roll Drive! Many thanks to Knight David Dalton for delivering this wonderful gift, the North Linn KCs for their time and dedication running this campaign, and all who purchased Tootsie Rolls. Camp is forever grateful.

Camp Courageous would like to thank (L-R) Duane Bodensteiner, Marcia Schult, Doug Langerman, and Jack Schult for travelling two hours to visit Camp Courageous. It was their first tour of the Camp and they presented a donation from the Fredericksburg Lions Club. It was a beautiful sunny day for a tour, ride the 700’ zipline, and shop in camp’s store. Thank you Duane, Doug, Marcia, and Jack for their time, for the interest in learning more about camp, and for the many years of support from the Lions Club.

Thank you to Regina Busch for giving Camp Courageous the opportunity to update the Monticello Lions Club on the Camp. The Monticello Lions have been very active with Camp for nearly 50 years. They provided Camp everything from a bus to being a major supporter of Lions Visually Impaired Week. They have provided endless hours of volunteer time. This is a group the Camp feels comfortable phoning for help at any time.
Ralph and Inez Kremer of Independence, IA donate their 1957 Chevrolet BelAir Sport Coupe

Camp Courageous was humbled when Ralph and Inez Kremer of Independence, IA contacted Camp to donate their 1957 Chevrolet BelAir Sport Coupe. This car has had a professionally done frame off restoration. “From top to bottom this is a very detailed/show-ready car” according to Duffy’s Classic Cars. “It has a non-original 327 engine, overdrive automatic transmission, power steering, power front disc brakes and alloy wheels with radial tires which have been added to make this a very fun car to drive,” according to Duffy. The “rest of the car is in stock form. Undercarriage is red oxide primer and very detailed. Paint is a beautiful Dusk Pearl and is in excellent condition and the original color for the car. This car is a very popular make and model and a show winner,” according to Duffy, and in its ‘as is’ condition and current market values is appraised at $69,000!

Ralph and Inez Kremer have been married for over 60 years. When I asked them why they chose to give Camp Courageous this wonderful gift they replied with a tear in their eye, that they have been very fortunate to have had a healthy family and never needed the services of Camp Courageous. At the same time they fully understood the 24/7/365 care many families with a disabled family member are faced with. Ralph was a farmer (on his own for 60+ years after serving in the Korean conflict), realtor (50 years), and sat on the Buchanan County Board of Supervisors (38 years). He talked of those that were in the County Home, and how proud they were to work, whatever that work might be. We’ve come away from the transfer of the car from the Kremers to the Camp feeling what a wonderful couple, who are genuinely dedicated to making life better for others. The Kremers have a strong blood line for giving back. Some of their relatives included Donna (Joe) Ironside, long-time board member/volunteer/donor and Cletus Kremer, who is at Camp almost daily fulfilling camp’s needs. We all agreed, just thinking of Cletus Kremer brings a smile to our faces as he is so dedicated to helping others. Ralph recently commented in a publication, “Being able to help people has been a life goal.” That is a goal Ralph and Inez have exceeded!

Camp wishes a happy 99th birthday to Merlin Hulse (September 21). He is a long-time Camp Board Member. Pictured with Merlin is Mag Welter, who is also a long-time board member and has been involved with Camp as a local special education teacher since the first campers arrived. Both were volunteering at the Camp Courageous Pancake Breakfast and Open House in this photo.

Anyone interested in purchasing this 1957 Chevy BelAir Sport Coupe can contact Russ at 319-465-5916, ext. 2500 or send an E-mail to russ@campcourageous.org

Jeanne Muellerleile Costume Judge

Amber White Most Scary

Scott Suchomel Funniest

Eric Nemmers Most Handsome

(L) Abby Feldmann, Most Original
(R) Amanda Carey, Most Beautiful

Haleigh Draper & Noah Szczesniak, Best Couple

This fall, Camp Courageous hosted its annual free Halloween Dance for adult campers. Over 100 campers enjoyed a spooky good time with music, dancing, and refreshments. Campers who were brave enough took a scary walk down the Haunted Trail.

During the event, Jeanne Muellerleile (past Camp Director) selected winners among the great camper costumes. Pictured are the winners.

Thank you to all the volunteers that helped to make it a great event for all of the campers.
Camp Courageous is hiring Junior Counselors for the 2023 summer camp season

Camp Courageous is searching for fun, passionate, and energetic 16–18 year-olds with the desire to assist those with a vast variety of disabilities. Camp grants Junior Counselors the opportunity to develop teamwork, leadership skills, develop lifelong personal and professional connections.

Provided are: free room and board equipped with washers and dryers, free Wi-Fi, and food. Interested in becoming a Junior Counselor? The application will launch in January 2023! This position will look great on a resume in addition to a college application and this would also help one gain Silver Cord hours!

Come have fun and help make a difference at Camp Courageous. For more information E-mail Jacob at jniemand@campcourageous.org or call at (319)465-5916.

Camp’s Adult Social Program

With a new year approaching that means new opportunities are out there! Camp Courageous is introducing Adult Social. Adult Social is an activity hour consisting of an orchestrated activity and the chance to connect with others. The Adult Social will be hosting the first program session on January 9, 2023. The program session will run through the month of March and will take place on Monday mornings from 10-11AM at the Durgin Pavilion at Camp Courageous. For groups larger than 10 participants please contact Jacob prior to attending. If you’re interested in attending contact Jacob Niemand at jniemand@campcourageous.org or call at (319)465-5916, ext 2154.

A huge thank you once again to Lynn Burrell (L) of Frontier Garden Center for another generous donation to Camp Courageous! Lynn’s thoughtfulness and giving nature have been an incredible blessing to camp for years. Pictured with Lynn are Traci Sandeen and Rod Weber. They are both hard workers at the garden center who helped load all the donated items and bulbs. Camp is so grateful to Lynn and his wonderful staff.

Camp was so grateful that Chris and Russ Resley of Davenport took the time to stop by the Camp. Chris’ health has been challenging and they both wanted to make sure to visit Camp. Both have been helping Camp for many years. They have brought many trailer loads of donations to Camp, held fund raisers for the Camp, and much more. Super Camp Ambassadors! Camp wishes both much good health and happiness.

Warmer weather this fall allowed campers to continue enjoying outdoor activities at Camp Courageous all the way into late October. Pictured is a camper crossing the Burma Bridge.

In front of the podium is Sheila Kramer Tjaden, Director of Affiliate Foundations for the Community Foundation of Greater Dubuque. Camp thanks Sheila for recommending Camp Courageous for their Regional Roundtable. Every aspect of the day was wonderful! For much of Sheila’s career she has been focused on well-being. As the former community development director for Unity Point Health Jones Regional Medical Center, she spent 18 years addressing people’s physical health. Now, as the Community Foundation’s director of affiliates, she is working toward building healthy communities and a strong region. She is exceptional! Behind the podium is Nancy Van Milligen, President and CEO of the Community Foundation of Greater Dubuque. Nancy has been president and CEO since they opened their doors in 2003. Since that time she has established the Community Foundation as a trailblazer in community leadership and engagement initiatives. I have a tremendous admiration and respect for Nancy. Nancy and her husband, Mike, have had children in their home for more than 40 years. Many of their children came to them from challenging situations, and they have done their best to advocate for them and teach them that although some obstacles seem too big – power, violence, inequality – there are always opportunities to make positive change and to be that positive change. Being a parent to so many and at the same time working on the systems these children grow up in (education, foster care, health, safety) has influenced her life, passion, and decision-making. Nancy and Mike have five children, 16 grandchildren, and were foster parents to 24 children. Nancy truly walks the walk. Nancy writes, “In the public sphere, a mother’s love becomes social justice. The nurturing tenderness we feel for our own children becomes a desire for all children to succeed.” -Charlie

If you would like to volunteer at Camp Courageous in any department please contact: volunteer@campcourageous.org
Camp Courageous Staff Updates...

Kaite Ryan
Program Director

Kaite is originally from Kirkwood, a small town in Upstate, NY. She completed her bachelor's degree in Therapeutic Recreation at SUNY Cortland. At Cortland, she was introduced to working with individuals of all abilities. After completing her bachelor's degree, Kaite became a certified therapeutic recreational specialist while working for Achieve, Inc. One of her colleagues at Cortland and co-workers at Achieve, Melissa (Blakeslee) Massaro introduced Kaite to Camp Courageous. Melissa had worked at Camp Courageous in 2000 as a counselor. Kaite was hired at Camp as a year-round program specialist in August of 2017. Kaite has been a part of Camp in various roles, including: counselor, arts and crafts specialist, outdoor living specialist, Adventure Director, Assistant Program Director and has most recently transitioned into the position of Program Director. Kaite currently resides in Monticello with her partner and three dogs. In her free time, Kaite enjoys reading, hiking and kayaking with friends and traveling. She has one final semester of her MSED in Experiential Education at UW Lacrosse, graduating in May of 2023 and is excited for all the possibilities for the future of Camp.

Jocelyn Blanco
Assistant Program Director

Jocelyn was first introduced to Camp Courageous during her years at Western Illinois University. She graduated with a degree in Recreation, Parks and Tourism Administration with an emphasis in Therapeutic Recreation and Outdoor Leadership. She has worked with a variety of individuals through the Special Olympics, Special Recreation Association, and camps. Her journey began at Camp Courageous as a Therapeutic Recreation Intern. After a summer, Jocelyn knew Camp Courageous was the place she wanted to be. Jocelyn comes from “Windy City” Chicago where she was an Aquatic Instructor for the Chicago Park District. With her knowledge and skills, she became the Aquatic Director at camp. After a year filled with fun water aerobics and swimming lessons, Jocelyn was ready to pursue a position working with campers and their families. The Assistant Program Director Position was the perfect opportunity! She is excited to learn and be the best she can be for campers, families, and camp.

Emily Bearnth
Travel Director

Emily started her journey with Camp Courageous in January 2020 after moving to Iowa from Texas. Her first position was a Program Coordinator and then became the Assistant Travel Director. With her experience she has forged ahead to become the Travel Director and she is excited to grow the program and welcome more Travel campers. Emily first started on the path of working with the population we serve in 2018, she was looking for a summer job, on her college job board Emily found Camp Summit located in Paradise, Texas. Camp Summit also serves Individuals with Disabilities, after working there for 2 years as a Counselor, an Archery Activity Director, a Ropes Activity Director, and a Unit leader, Emily heard about Camp Courageous through a coworker who used to work here in Iowa. In January 2020 Emily drove 17 hours from Houston, Texas to Monticello, Iowa after driving through the snow and ice for the first time in her life, Emily arrived at Camp Courageous, and she hasn’t looked back since.

Cory Mohr
Facilities Director

Cory recently joined the Camp Courageous team at the beginning of December 2022. After delivering propane to Camp for many years he decided to take an opportunity to transition into Camp as Facilities Director. He has been married to his wife, Stacey, for 27 years. They have two children and one grandson with another grandchild coming this spring. Cory and his wife enjoy boating in the summer along with riding their ATVs throughout the year. He is an avid hunter and enjoys being outside whenever possible.

Endowing Staff Positions at Camp Courageous

You can ensure that Camp Courageous continues to grow through exceptional staff by endowing a position. Position endowment creates employment stability and also reduces operating expenses for the camp. Through endowing a position, you will impact Camp Courageous for generations to come.

Those who have endowed a position will be recognized on the Camp Courageous Foundation display. Additionally, a plaque recognizing the donor will be displayed above each position’s office door.

<table>
<thead>
<tr>
<th>Executive Director</th>
<th>Endowed by Ronald &amp; Winifred Flemming</th>
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<tbody>
<tr>
<td>COO/Operations Director</td>
<td>$1,000,000</td>
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<tr>
<td>CFO/Finance Director</td>
<td>$1,000,000</td>
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<tr>
<td>Program Director</td>
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<tr>
<td>Nursing Director</td>
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<td>Facilities Director</td>
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<td>Dietary Director</td>
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<tr>
<td>Marketing/IT Director</td>
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<td>Assistant Program Director</td>
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<tr>
<td>Respite Director</td>
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<td>Volunteer Director</td>
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<td>Aquatic Director</td>
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<td>Nature Director</td>
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<tr>
<td>Travel Director</td>
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<td>Admin. Assistant</td>
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<td>Assist. Nursing Director</td>
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<td>Assist. Maintenance Director</td>
<td>$750,000</td>
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<tr>
<td>Assist. IT Director</td>
<td>$750,000</td>
</tr>
<tr>
<td>Program Specialists (15 available)</td>
<td>$500,000</td>
</tr>
<tr>
<td>Counselor (40 available)</td>
<td>$250,000</td>
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</tbody>
</table>

If you have questions or would like more information regarding position endowment, please contact Charlie at cbecker@campcourageous.org or 319-465-5916 ext. 2100.
Needs List
Find this list at https://campcourageous.org/needs-list/ Currently needed items for each area of Camp.

Program
Kitchen size garbage bags
TV trays
Sleeping pads
Campfire grate
Portable speakers (small)
Face Paint
Shaving cream
Air Hockey Pucks

Housekeeping
Garden Gloves
Painters Tape
Dress up items and accessories
Rubbermaid Commercial
Wheelbarrow
Batteries (AAA)
Amazon Gift Cards

Pool/Aquatics
Volunteer
Outdoor Living
Volunteer

Dietary
Hot Cocoa Mix
Brown, White, Powdered Sugar
Salad Dressing (Koch, French, Mays, Honey Mustard)
Boneless/Deli Ham

Medical Supplies
Ice Bags - Instant disposable 5/8
Freestanding/Folding Six-Panel Room Divider
Bactracin Ointment
Benadryl
Children’s Telenol
Clinitan (Loratadine)
First Aid Cream
Hemorrhoid Ointment
Hydrocortisone Cream
Immodium
Insect Repellent
AED Batteries
Glucose Gel Bug spray
Glove Wall Dispensers

Nature Center
Timothy Hay
Grass Hay
Mulch
Natural Pet Bedding
Red Cedar Bedding
Dried Mealworms

Food Gift Cards

Office Supplies
Paper (White, 8.5” x 11”)
Bubble Wrap
Stamps, Forever and Extra Ounce
Dymo Label Cassette
Calculator Tape
Manila File Folders
Easels

Travel Program
Clear Plastic Backpacks
Small Utility Shower Caddy Tote
DVDS
Hotel/Gift/Gas Cards
(BP, Casey’s, Kwik Star), Restaurant Gift Cards

Volunteer
Paint Rollers
Painter’s Tape
Leather Work Gloves
Safety Vests
Rubbermaid Carts
Vacuum
Polaris Ranger
8 Ft. Fiberglass Ladder
Milwaukee M18 or M12 Fuel Tools

Keep these items in stock

Maintenance
Grass Seed
Wasp Spray
Rubbermaid Ranger
35-Gallon Brown 2-Door Trash Can
Furnace Filters (1.6X20 & 20X25)
Cabinet Stain Australian Blackwood
Timber Oil Garish Brown
6” x 4 Sand Paper (220-60 Grit)
QB Tam Wire Nuts (22-6 Gauge)
Power Probe 3 Tester (PPKT03)
Painter’s Tape 1/2”

Housekeeping
Paper Towels
Antibacterial Liquid Soap (1 gal, jugs)
Angie Brooms
Brown Single-Fold Paper Towels
Commercial Pivoting
Upholstered Lobby Dustpan
Magic Erasers
Dexter Industrial Washer & Dryer
Mop Bucket & Wringer Combo-35 Qt (2)
Easy Paks Water Soluble Drop-in Toilet Cleaner
Rub Doctor Spot+Pretreat Dual Action Cleaner

Rug Doctor Oxy Carpet Cleaning Solution
Rug Doctor X3 Commercial Carpet Cleaner
Swiffer extendable handle
Swiffer refills
Swiffer Wet Jet refills
Stainless steel cleaner
Trash Bags (55, 33, 13 gal, and Tall kitchen style)
Toilet Plungers-Bellows
Style
Toilet Paper
Toilet Cleaner
White multi-fold towels

Camp can always use paper towels, toilet paper, napkins, paper plates, and other paper products. Gift cards of all types/stores can be accepted!

Dyson vacuum
Power Probe 3 Tester
PPKT03

Canned Vegetables
Food Gift Cards

Camping Cots
Cooking Knives
Camping Cots
5 Gallon Buckets
Extra long 22” tongs
Rubber Mallet
Rain jackets and Pants
Coleman Two Burner Stove
Rain jackets and Pants
Coleman Two Burner Stove
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Coleman Two Burner Stove
Rain jackets and Pants
Coleman Two Burner Stove
Rain jackets and Pants

Medical Supplies
Ice Bags - Instant disposable 5/8
Freestanding/Folding Six-Panel Room Divider
Bactracin Ointment
Benadryl
Children’s Telenol
Clinitan (Loratadine)
First Aid Cream
Hemorrhoid Ointment
Hydrocortisone Cream
Immodium
Insect Repellent
AED Batteries
Glucose Gel Bug spray
Glove Wall Dispensers

Nature Center
Timothy Hay
Grass Hay
Mulch
Natural Pet Bedding
Red Cedar Bedding
Dried Mealworms

Small Animal Wire Cages
Guinea pig food
Teto Whip Bi/Oat Bar Cartidge
Parakeet food
Rabbit food
Bearded Dragon food
Mineral blocks

Waterproof Dry Bag with Zipper
Ensosolite Sleeping Mats
Folding Campfire grates
Colored Duct Tape
Disposable Rectangular Plates
Floor Squeegee
Air Hockey Pucks
Shaving cream
Portable speakers (small)
Campfire grate
Sleeping pads
Campfire grate
Portable speakers (small)
Face Paint
Shaving cream
Air Hockey Pucks

Housekeeping
Paper Towels
Antibacterial Liquid Soap (1 gal, jugs)
Angie Brooms
Brown Single-Fold Paper Towels
Commercial Pivoting
Upholstered Lobby Dustpan
Magic Erasers
Dexter Industrial Washer & Dryer
Mop Bucket & Wringer Combo-35 Qt (2)
Easy Paks Water Soluble Drop-in Toilet Cleaner
Rub Doctor Spot+Pretreat Dual Action Cleaner

Rug Doctor Oxy Carpet Cleaning Solution
Rug Doctor X3 Commercial Carpet Cleaner
Swiffer extendable handle
Swiffer refills
Swiffer Wet Jet refills
Stainless steel cleaner
Trash Bags (55, 33, 13 gal, and Tall kitchen style)
Toilet Plungers-Bellows
Style
Toilet Paper
Toilet Cleaner
White multi-fold towels

Camp Courageous has a WISH LIST on Amazon! Almost all of the needed items on this page are on the Wishlist and are just a click away online. Find the wish list link at: www.campcourageous.org/needs-list

How can you help with the miniature Golf course...?
Camp Courageous is planning an accessible 18-Hole Miniature Golf Course. Sponsorship opportunities are available to help make this course a reality. Get more details or make a contribution online at https://campcourageous.org/miniature-golf

Your name and address (billing address if using credit card):

Credit Card Information:

Name(s) to be designated on golf course plaque for donations of $1,000 or more.

Name(s) to be designated on golf course plaque for donations of $1,000 or more.

Your gift toward this project:

Other:

Name(s) to be designated on golf course plaque for donations of $1,000 or more.

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Story by German volunteer Simon Markiton...

My name is Simon Markiton. Currently I’m a counselor at Camp Courageous to do my international volunteer service. Originally, I am from the south of Germany so you might wonder, how I landed in Iowa? It all started at school during 12th class. I wanted to do my diploma but you could also leave school after two years to do a volunteer service, a one-year internship, or an education to get your technical diploma. So, I went to one of my teachers and asked her where I could do a volunteer service and how the whole process works. She told me I could do volunteer services or internships in Germany, but also all over the world.

At home I started doing research and applying on hundreds of websites and spent a long time on zoom conferences with organizations who send people to different places all over the world. At first, going to the United States seemed like a dream that would never come true since there were no organizations that had contact to American facilities.

One day I was sitting in school and my mom called me and told me that a volunteer organization called her and I called him back. He told me that he would give me the chance to choose between an organization in Argentina or Camp Courageous in the United States. Of course, I chose Camp, which is what the organizer said he would recommend for me. After a long time of waiting I was invited to spend a couple of days with other applicants. Then the day came when I left home and arrived in Iowa.

In my first week I had the chance to meet all the people that work at the camp and meet some campers. All the other staff members at camp were friendly, told me all about the camp, the work, the whole area, and made me feel welcome.

Right now I’m here for more than two months, but it doesn’t feel like two months. The time here runs fast and I always have fun at work. For me, Camp feels like a second home and during the whole time here there was not a single moment I thought about the fact that I originally wanted to do this only for school. I would not want to be anywhere else.

In the picture you can see me with camper Bryson. The first time I met Bryson was during a Friday day-camp. He’s really good with all counselors and loves all the camp activities. His main goal at camp is to have fun, being good with the rest of his group and being a superhero.

Contact volunteer@campcourageous.org for more information about volunteering with campers or in any department at Camp Courageous.
Thank you to Joe Corpstein and Mailing Services, Inc. They address, sort, and mail this newsletter as a donation to Camp Courageous. They save the camp thousands of dollars with each mailing. Thank you to Joe Corpstein and his staff for their incredible work. They are located in Cedar Rapids, IA.

How can I help?
Camp Courageous continues to operate on donations, without government assistance, formal sponsorship, or paid fund raisers. Therefore, everything that is given to Camp directly benefits the campers. One of the reasons the camp has grown from serving 211 campers in 1974 to nearly 10,000 campers today is the incredible dedication of volunteers. Volunteer help is needed in every aspect of the camp. Please consider volunteering your time and talents to Camp Courageous.

Where can I get more info?
Additional information can be found at www.campcourageous.org, call Camp at 319-465-5916, or stop out for a tour to see first-hand how the camp has grown over the years.

Where is Camp Courageous?
The camp is located five miles south of Monticello, Iowa, off Highway 38 or 151. The camp lies on 400 acres of land surrounded by thousands of acres of state primitive land and the Maquoketa River. Use US Highway 151 (exit 65), turn south on Highway 38, then east on 190th Street (all hard-surfaced roads).

Camp Courageous would not exist without the generosity of its supporters. Camp appreciates your consideration in sponsoring Camp's media. For sponsorship opportunities call 319-465-5916, ext. 2110 or marketing@campcourageous.org

Thank you to Joe Corpstein and Mailing Services, Inc. They address, sort, and mail this newsletter as a donation to Camp Courageous. They save the camp thousands of dollars with each mailing. Thank you to Joe Corpstein and his staff for their incredible work. They are located in Cedar Rapids, IA.

The Zipline at Camp Courageous is a popular activity with campers and staff. The view from the top is spectacular!

Upcoming Events:
Jan 16 - Camper Youth Session open - 7 AM CST
Feb 14 - Cupid Shuffle for Adult Campers - Durgin Pavilion
Mar 9 - Shamrock Shindig for Adult Campers - Durgin Pavilion
Apr 5 - Spring Break Bash for Youth Campers
Apr 8 - Family Preview Day for new campers and their families
Apr 30 - Omelet Breakfast and Open House - Camp Lodge
May 21 - Cruisin' for Camp Courageous - Camp Courageous

Listen to AM 600-WMT Newradio for Camp updates every Saturday morning between 7:15 and 7:30 AM. Consult the Camp Courageous web site for the latest info.

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